

QUEENSLAND HEALTH

# STEPS CHALLENGE

# STEP UP TO THE CHALLENGE

29 APRIL - 31 MAY

1

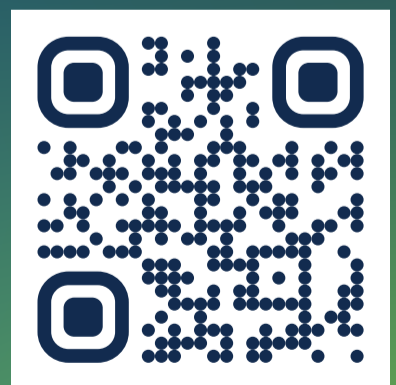
Sign up to the 10,000 Steps platform via the QR code

2

Join a team on the QHSC page or get an invite from your Team Captain

3

Track your activity by syncing your tech or entering as you go!



scan  
me!



REMEMBER TO SLIP, SLOP, SLAP, SEEK & SLIDE 



Queensland  
Government